



MONARK 874E



MAIN FEATURES

- Watt in display by entering kP value manually
- Start from 0 rpm with accurate power
- Manual power control
- No Power adapter is needed

THE BASICS

- Good cycling feeling
- Calibrated with correct weights
- Workload range 50Watt (basket 1kg)-2400 Watt
- Optional weight basket 0,5kg (start-up from 25W)
- Easy to get accurate workload thanks to weight basket system (0,1 0,5 1 kg weights)
- 5 kHz HR system (only in display)

Max user weight 250 kg

Medical Device class IIa

Monark Test Software

Specifications

MONARK 874E

Certifications	EU directive 93/42/EU class IIa
Frame	
Type	Monark Classic
Handlebar	Monark handlebar
Stem	Monark Standard
Seatpost	Monark Standard
Saddle	Saddle, blue
BB	68/122 mm
Crank	Steel, 170 mm
Pedals	9/16", pedals with foot straps
RESISTANCE	
System	Weight basket
Flywheel	20 kg
DISPLAY	
RPM	Yes
HR	5 kHz
Time	Yes
Speed	Yes
Distance	Yes
Watt	Yes
Connectivity	
RS232	n/a
Usb	n/a
WEIGHT & MEASUREMENTS	
Max user weight	250 kg
Lenght [mm]	1120 mm
Width [mm]	517 mm at handlebar 640 mm at support legs
Height [mm]	945-1295 mm at handlebar 780-1105 mm at saddle
Weight [kg]	57 kg
POWER REQUIREMENTS	Batteries in the display



SOFTWARE

For fitness testing and in some cases, even training can be used with this model.



HEART RATE

Equipped to measure heartrate via chestbelt or sensors in the handles.



TEST

Offers the possibility of performing different tests thanks to the accurate workload which can be calibrated.

MEDICAL CE

Monark Exercise AB is since 1992 ISO 9001 certified. All models are:

- Approved under CE Certificate No. 153 601 (MDD IIa)
- Anti-corrosion treated and powder coated
- Made in Sweden